

# ST. BERNADETTE'S CATHOLIC PRIMARY SCHOOL

## PE Curriculum



*Learn to Love, Love to Learn*

Mr Markham-Jones



St Bernadette's is a caring Catholic School and we are faithful to the Catholic Faith, respecting each and every person as special, created in the image and likeness of God. As a beacon of hope, we live by the motto 'Learn to Love, Love to Learn'.

### PE Intent

- To provide a resilient and challenging PE curriculum from Reception to Year 6 for both indoor and outdoor lessons that focuses on a breadth of experience.
- To deliver a sequence of aspirational and engaging lessons that ensure the requirements of the PE NC are covered.
- To show a clear progression in knowledge and skills across the 6 key areas Games, Gymnastics, Dance, Athletics, OAA and Health and Fitness – See Progression of Skills document.
- In Reception and KSI, the focus of the PE curriculum at St Bernadette's is on the development of the fundamental skills and developing a love of learning.
- In KS2, these fundamentals will be developed by applying them to specific sports.
- To develop a lifelong love of Physical Activity, Sport and PE in all children.
- To help ensure a positive and healthy physical and mental outlook in the future and help young people to develop essential skills like leadership and teamwork.
- To give every child regardless of class and ability the opportunity to develop skills in PE, consider the impact on their health and fitness, compete/perform and evaluate.
- To address social disadvantage and address gaps in knowledge and skills of learners at St Bernadette's.
- To provide an extensive extra-curricular programme for all children at St Bernadette's.

### PE Implementation

- Pupils participate in two (1 indoor and 1 outdoor) high quality, challenging and enjoyable PE lessons each week, covering two sporting disciplines (Games, Gymnastics, Dance, Athletics, OAA and Health and Fitness) each half term.
- Teachers are provided with detailed lesson plans that ensure all teachers are equipped with the secure subject knowledge required to deliver modern, high-quality teaching and learning opportunities for all areas of the PE National Curriculum.
- Provide technical glossaries, skills posters and adult guidance support teachers in their subject knowledge, allowing them to share technical vocabulary and skills clearly, confidently and concisely.
- To deliver lessons that are planned alongside subject-specific progression maps to ensure that children are given the opportunity to practise existing skills and also build on these to develop new or more advanced skills.
- To have a lesson structure whereby prior learning is always considered and opportunities for revision and practise are built into lessons.

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To include key assessment questions to assess the different levels of understanding at various points in the lesson and allow time to recap concepts where necessary, helping to embed learning.

- To use formative assessments where necessary to show different children's achievements and where challenge or support is required in future lessons.
- To develop a formal summative assessment to help monitor the impact against National Curriculum aims using Insight.
- Opportunities to work with experts in the field and learn from their work ethic and demonstrations of good practice.
- Subject leader to share expertise to address gaps in teacher knowledge by delivering staff meetings and team teaching lessons to raise teacher's expertise.
- To develop children's skills through extra-curricular and attending inter-school competitions.

### PE Impact

- Children at St Bernadette's will have learned a breadth of concepts and skills and built on previously learned knowledge and skills.
- Each unit is mapped against the progression documents to ensure that children develop detailed knowledge and skills across the full breadth of the PE curriculum through engaging and age-appropriate curriculum content.
- Our indoor units are often themed with strong cross-curricular links to other subjects and topics, such as Romans and Traditional Tales. This all helps to make the learning memorable, allowing links to be made and ultimately creating a higher level of engagement and understanding.
- Most children will have embedded the key knowledge and skills in their long term memory.
- Learning will be reflected across year groups and key stages. This will be evident during drop in sessions/observations of lessons.
- Attainment and progress can be measured using insight.
- The high quality and consistent approach to PE teaching should significantly improve attainment in knowledge and skills in PE.
- Using the full range of "The Twinkl Move" resources, including PowerPoints and display materials, will increase the profile of sport, PE and physical activity across the school with technical PE vocabulary displayed, spoken and used by all learners, the learning environment will be more consistent across both key stages.
- Children will be able to talk and show what they have learned respectfully, confidently and enthusiastically.
- When leaving in Year 6 the children will be curious and inquisitive to learn more.
- Year 6 children leave St Bernadette's with the skills to self-rescue in the water and swim 25 metres competently.